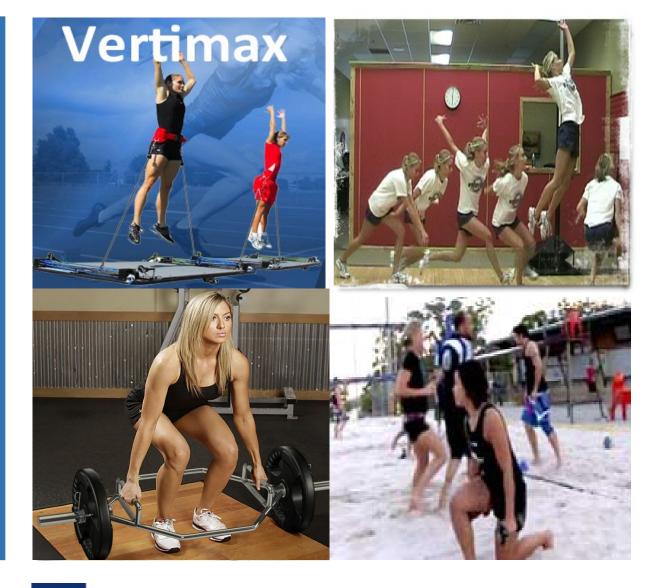
Club Volleyball Speed-Agility & Vertical Jump Training 30 minute sessions Monday- Thursday Register Online Today! www.CourtOneAZ.com





The training sessions will include, Vertical Jump, Speed & Agility Training. If you are serious about increasing your vertical jump and speedThis is the training for you!!!



Volleyball Season Training

42 sessions - November 27th thru May 2nd

Price includes - Two - 30 minute training sessions per week **Mon/Wed** – 3:30-4pm, 4-4:30pm, 4:30-5pm, 5-5:30pm, 6:30-7pm, 7-7:30pm 7:30-8:00pm.

Tue/Thur - 4-4:30pm, 4:30-5pm, 5-5:30pm, 5:30-6pm, 6:15-6:45pm, 7:45-8:15pm.

(No training sessions the week of December 18th) (No training sessions the week of December 25th) (Makeup sessions May 6th thru May 17th)

One Time Payment \$336.00 (Only \$8 per session)

(42 sessions – Nov 27th thru May 2nd)

Online Registration

www.courtoneaz.com

Contact - Bre Leslie 480.826.3594 Mitch Brown 602.403.7373 info@courtoneaz.com